



## **Hormonal Implant Removal**

<b>DEFINITION</b>	This protocol covers the removal of the hormonal implant. It should be removed after it has been in for 3 years.
<b>SUBJECTIVE</b>	Should include: <ol style="list-style-type: none"><li>1. LMP.</li><li>2. Medical, sexual, and contraceptive history update, as appropriate.</li><li>3. Determine reason for removal.</li><li>4. No allergies to antiseptics or local anesthesia used for removal.</li></ol>
<b>OBJECTIVE</b>	Must include: <ol style="list-style-type: none"><li>1. Palpate implant rod.</li></ol> May include: <ol style="list-style-type: none"><li>2. Physical examination, if indicated.</li></ol>
<b>LABORATORY</b>	No specific lab required.
<b>ASSESSMENT</b>	Client who desires implant removal.
<b>PLAN</b>	<ol style="list-style-type: none"><li>1. Document in the chart the reason she requests removal of implant.</li><li>2. Discuss and Document <del>ation that</del> the risks associated with the removal (infection, bleeding, or inability to remove the rod at this time) and follow –up plan, as indicated.</li><li>3. Remove implant per manufacturer’s instructions.</li></ol>
<b>CLIENT EDUCATION</b>	<ol style="list-style-type: none"><li>1. Counsel client on choosing a different method of birth control, if she is not having a new implant inserted and does not desire a pregnancy. (Refer to chosen method protocol.)</li><li>2. Review safer sex education, if appropriate.</li><li>3. Recommend client RTC for annual exam and PRN for problems.</li></ol>
<b>CONSULT / REFER TO PHYSICIAN</b>	<ol style="list-style-type: none"><li>1. Any client with an allergic reaction to local anesthetic.</li><li>2. Any client with difficult implant removal.</li></ol>

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### References:

1. [www.nexplanon.com/en/consumer/main/prescribing-information](http://www.nexplanon.com/en/consumer/main/prescribing-information)
2. Implanon Clinical Training Guide. Organon USA, Roseland NJ; 2007
3. Hatcher,R.A., Trussell,J. ,Nelson, A.L., etal ,(2011) Contraceptive Technology. (20<sup>th</sup> revised ed.)page 203. Ardent Media New York.